



## Tissue Cell Salts and how Schuessler Cell Salts are used

### Read, how Tissue Cell Salts work and how Schuessler Cell Salts help.



In his investigations Dr. Schuessler (1821 - 1898) discovered that 12 vital mineral materials must be present for perfect functioning.

A lack or poor distribution leads inevitably to malfunctions, which are again a cause for diseases.

Dr. Schuessler cell salts are not minerals in the usual sense, as they occur in food or are contained in food by auxiliary means.

Therefore, it concerns us not to adjust the lack quantitatively, but that the individual cells can use the mineral materials existing in the blood. Correctly proportioned, the use of Tissue Cell Salts can also decrease wrinkles (signs of aging).

#### Dr. Wilhelm Schüssler

### ***What are Schuessler Tissue Cell Salts ?***

Tissue Cell Salts are homoeopathic prepared, and you may purchase them as potent homoeopathic medicines from pharmacies.

Food minerals are taken up by the organism and serve as building materials and form the mineral basis for the body and the metabolic processes.

The mineral materials of the Dr. Schuessler's cell salts can rather be called "function means". They work rather by adjusting and helping the building materials to make better use of the cells. The quick increase is due to the fact that the mineral materials can be taken in the blood better when absorbed through the mouth mucous membrane. They are therefore more readily available to the body to adjust disturbances of the equilibrium between the internal environment of the cells and the cell gaps.

Potent Schuessler Cell Salts travel particularly well to the effective place in the cells. In addition they play a role opposite to energy and storage mediums, which energize the body for an increased admission of the missing mineral salt.

The Carrier Material within the tablets is lactose, the common increase is D6 and D12, thus relatively low power stages.

Schuessler Tissue Cell Salts exclusively concern substances, which are present in the human organism. **Note:** Also in liquid drop form available for people who suffer from **lactose intolerance**.

Health can only be achieved and diseases only durably healed or improved if the organism is able to adjust itself and react appropriately to changing conditions and requirements.

This realization represents the substantial basic principle of the **regularization medicine** .

The condition to be able to react over appropriately is however an intact biochemistry of the cells and the Interstitium. The condition of the Interstitiums is of crucial importance for the operability of the cells, the organs and the total organism. The mineral materials, as Dr.Schuessler revealed their effect, function at the cell membrane and within the cell, in addition, in the Interstitium.

The cell salts are a kind therapeutic agent. They provide for the improvement of the information transfer and solution of blockades, improvement of cellulose change and for the increased potential of the diaphragm. Additionally they provide an increase in the effect of Homeopathic Medicine and Conventional medicine, regularization and neutralizing of acid, as well as activating the immune system.

Schuessler Cell Salts have 12 main purposes as well as 12 auxiliary purposes.

For minor, temporary illnesses you can take Schuessler Tissue Salts in order to improve symptoms, alleviate pain and assist the healing process.

### ***More about Schuessler Cell Salts***

The greatest advantage of biochemistry is in the fact that the Schuessler Tissue Cell Salts are without side effects and can be used in conjunction with other medicines.

### ***Intake: How to intake Tissue Cell Salts correctly:***

For acute illnesses:

Place 1 (One) tablet in the mouth every 5 to 15 minutes and leave to dissolve or suck.

**For chronic illnesses:**

During the course of the day place 6 to 10 tablets in the mouth and leave to dissolve or suck.

The tablets can also be dissolved in hot water.

In addition you should always drink still water or tap water, **never** mineral waters.

For dissolving and stirring please always select a plastic spoon. Spoons made of metal lower the effectiveness of the Schuessler Tissue Cell Salts or even nullify their effect altogether. After dissolving them in water drink slowly in sips.

### **What do I have to consider as Diabetic? Notes for Diabetics:**

Because of the lactose Diabetics must account for their bread intake. Fifty tablets correspond to one slice of bread.

Patients with lactose intolerance can use the Schuessler Cell Salts now also available in lactose free liquid or globules.

## ***Application: Main Purposes 1-12 the Schuessler Cell Salts and their "application":***

- **Calcium fluoride** - Schuessler Tissue [Cell Salts No 1](#) for the bones  
Calcium fluoride (Schuessler Cell Salts No 1) is present in the cells of the marrow in the bones, in tooth nerves and all flexible fibers. A lack of Calcium Fluoride leads to... please read further.
- **Calcium phosphate** - stabilization purpose of the Schuessler [Tissue Cell Salts No 2](#)  
Calcium phosphate (Schuessler Cell Salts No 2) is contained predominantly in all body cells and in the bone cells. A lack leads to... please read further. . .
- **Ferrum phosphate** - inflammation purposes of the [Schuessler Tissue Cell Salts No 3](#)  
Ferrum phosphate (Schuessler Cell Salts No 3): Iron is present in the blood and in the muscle cells. The iron contained in the red blood corpuscles absorbs oxygen from the air we inhale. A lack leads to... please read further. . .
- **Potassium chloride** - mucous membrane use of the Schuessler Tissue [Cell Salts No 4](#)  
Potassium chloride (Schuessler Cell Salts No 4) is a component of nearly all body cells and stands in close relationship with the connective tissue. A lack leads to... please read more...
- **Potassium phosphate** - nerve and muscle uses of the Schuessler [Tissue Cell Salts No 5](#)  
Potassium phosphate (Schuessler Cell Salts No 5) is present in brain cells, the nerves and in the muscle cells. A lack leads to, please read more. . .
- **Potassium sulphate** - skin uses of the [Schuessler Tissue Cell Salts No 6](#)  
Potassium sulphate (Schuessler Cell Salts No 6) is present in the upper skin cells and muscles. A lack leads to, please read further. . .
- **Magnesia phosphate** - nerve uses of the Schuessler Tissue [Cell Salts No 7](#)  
Magnesia phosphate (Schuessler Cell Salts No 7) is present in the muscles, blood corpuscles, nerves, brain, in bones and teeth. Magnesium phosphoricum is used as the **"Hot 7"**. A lack leads to... please read further. . .
- **Sodium chloride** - water uses of the Schuessler [Tissue Cell Salts No 8](#)  
Sodium chloride (Schuessler Cell Salts No 8) and/or common salt occurs in all body fluids and fabrics. Sodium chloratum regulates water absorption and delivery of cells. A lack leads to... please read on...

- **Sodium phosphate** - neutralizing use of the [Schuessler Tissue Salts No 9](#)  
Sodium phosphate (Schuessler Cell Salts No 9) is a component of the blood corpuscles, muscles, the nerve and brain cells as well as liquid fibre. A lack leads to... please read further. . .
- **Sodium sulphate** - elimination use of the Schuessler Tissue [Cell Salts No 10](#)  
Sodium sulphate has the ability of quickly excreting excessive tissue fluid accumulated with metabolic wastes, from the body. A lack leads to... please read more. . .
- **Silicea** - stabilization purposes of the Schuessler [Tissue Cell Salts No 11](#)  
Silicea (Schuessler Cell Salts No 11) is a component of the connective tissue, the marrow, the mucous membrane, the hair, the nails, the bone and nerves. A lack leads to... please read further. . .
- **Calcium sulphate** - regeneration purposes of the [Schuessler Tissue Cell Salts No 12](#)  
Calcium sulphate (Schuessler Cell Salts No 12) occurs in the gall bladder and in the liver. A lack leads to... please read on. . .

### **Important Note**

**Do not self diagnose or self treat serious and chronic illnesses! You must consult with your physician or specialist in order to receive complete advice for your condition.**



### [Tissue Cell salts Order form](#)

In deutsch: [www.naturheilpraxis-am-wald.de](http://www.naturheilpraxis-am-wald.de)  
 In english: [www.alternative-medicine-naturopathy.com](http://www.alternative-medicine-naturopathy.com)  
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